

Enhance the effectiveness of your sunless tanning session by conditioning your skin and then taking steps to help maintain your sunless tan.

Note: After spray tan application, a short UV Tanning session (without sweating) will accelerate and enhance your results.

Preparation

- **EXFOLIATE BEFORE EACH SESSION TO REMOVE DRY, FLAKY SKIN.**

Remove dead, dry skin cells that will prevent the absorption of DHA bronzers into fresh healthy skin cells. This allows the spray to absorb deeply into the skin and oxidize to a brilliant golden brown color. Spraying sunless products on dry flaky skin causes the tan to look less natural, uneven when fading and will shorten the life of your sunless tan. For exfoliation of extremely dead, dry skin cells we suggest a two-step process.

First, use a deep exfoliation and skin treatment 24 hours before your spray session, this provides a thorough, deep skin exfoliation to nourish and moisturize your skin. Second, avoid using bar soaps, high pH shower products or in-shower moisturizers. These products can halt the DHA bronzing reaction or cause the "orange effect".

- **STOP! DO NOT APPLY LOTION.** Do not apply lotions, moisturizers or perfumes prior to your session. Use deodorant sparingly. It is best not to apply makeup but if you do then remove before your session.

- **WEAR DARK, LOOSE FITTING CLOTHING** and remove jewelry. Tight clothes can rub off or smear the bronzers.

Maintenance

Avoid Sweating! Immediately after your spray tanning session. Avoid activities that may cause you to sweat excessively to avoid streaking the cosmetic bronzer. Use the air conditioning in your car on a hot day. Remember, you have just been tinted with a water-soluble solution.

Avoid Water! You must avoid the exposure of your skin to water entirely for at least 4 hours or you will stop the tanning action of the DHA and/or cause streaking.

Avoid Swimming & Spas! Avoid chemically treated swimming pools and spas for at least 24 hours after your spray session to prevent color from fading.

Cleansing - Wait to Shower! For maximum results, wait at least 16 hours before showering or bathing. Avoid using bar soaps or high pH products - they will strip and fade your tan rapidly. Some body cleansers are designed to hydrate, moisturize and nourish while maintaining the proper pH levels for your skin (ask your airbrush tanning specialist). Proper cleansing insures even fading and the longest lasting, most natural looking sunless results. Always after bathing, gently "pat dry" skin. If you must bathe prior to the 16 hour process period use plain water only. The instant cosmetic bronzer will wash off - as it is designed to do.

Remember, Healthy Skin Tans Best!